

## **Dynamic Core for Kids Online**

This course is designed to integrate current theory and practice in pediatric treatment with a systems approach that uses diaphragm and breathing mechanics as an access point for core stability for children. This provides an attainable and accessible starting point to impact multiple systems that are intertwined with core stability: alignment, postural control, balance, sensory processing and emotional self-regulation as well as functional gross and fine motor skills.

The PT/OT/SLP will gain the theoretical basis, clinical reasoning, treatment strategies and exercise progressions for a neuromuscular systems approach to core stability to create a foundation for clinically relevant programs from assessment to evidenced based treatment plan of care (POC) development. Co-professional collaboration and referral will be stressed.

The PTA/COTA/SLPA will gain insight to the theoretical basis for the assessment process, and reasoning behind the approach integrated into the therapist designed POC to aide with implementation and progression of treatment strategies and exercise programs to insure continuity of care.