

Dynamic Core for Kids Online: Module One Objectives

By the end of this online course module, the participants will be able to:

1. Differentiate between the historical musculoskeletal interpretation of core strength and a neuromuscular, systems approach coined “core strategy”.
2. List three pieces of evidence to support the “core strategy” intervention.
3. Justify the use of the “core strategy” approach with children with ASD, DCD, Sensory Processing challenges and CP.
4. Contrast three research articles that discuss deficits in postural control in ASD, DCD, Sensory Processing challenges, and CP.
5. Contrast the development of the anticipatory core components in typically and atypically developing children with CP.
6. Describe the influence of the optimal muscle recruitment order on postural control for a reaching task.