

## Dynamic Core for Kids Applied: The Challenge of Continence for Children with Challenges

Course Audience: PT, PTA, OT, OTA

This course is designed to provide the pediatric professional with the understanding of the neuromuscular and pressure systems that are crucial for the development of continence. It integrates current theory and practice in pediatric treatment with a systems approach that uses diaphragm and breathing mechanics as an access point for management of continence, co-mingled with improvement of postural control. Assessment and intervention techniques are provided to positively impact the development of continence for children with motor and sensory challenges.

The PT/OT will gain an introduction to the theoretical basis and clinical reasoning for a neuromuscular and pressure systems approach to continence to create a foundation for clinically relevant programs from assessment to evidenced based treatment plan of care (POC) development.

The PTA/COTA will be introduced to the theoretical basis for the assessment process, and reasoning behind an approach integrated in the therapist designed POC to aide with implementation of treatment programs to ensure continuity of care.