



Playful Strides Therapy is hosting the “Dynamic Core for Kids” course, IN PERSON with Shelley Mannell, PT & Julie Wiebe, PT

Dynamic Core for Kids DC4K is a new approach to core stability for children with challenges. Shelley Mannell, PT and Julie Wiebe, PT developed and will present an in person 2-day professional development curriculum based on the approach. Playful Strides Therapy integrated Dynamic Core Stability Strategy into practice many years ago with tremendous changes in effective and efficient intervention. This included more availability for effective movement, sitting, speech and regulation.

Dynamic Core 4 Kids is

- Transformative in your practice
- Addresses motor control challenges for all children
- Addresses the body as a dynamic system of postural control with a focus on core recruitment using breathing as an access point.



May 27 and 28th 2023 {Sat/Sun}
Milton, Ontario
Maximum of 40 Participants

Early Bird Registration:
Individual: \$650.00 CAD
Group: \$625 CAD

Registrations after Jan 1/23
Individual: \$675.00 CAD
Group: \$650 CAD

Group rates are for 5 or more registrations together from the same organization

Registration Link:

<https://forms.office.com/r/gJkwaxCxw6>

Contact us @

frontdesk@playfulstrides.com or Call us 289-851-2771

Did you
hear?



Monday May 29, 2023

9 am to 5 pm (Lunch Not Included)

Milton

Course Fee:

Individual Registration: \$150 CAD

Group Registration: \$125 CAD

**Group rates are for 5 or more registrations
together from the same organization**

Playful Strides Therapy is hosting: “Dynamic Core 4 Kids Goes to School” Live one-day Workshop with Julie Wiebe PT and Shelley Mannell, PT

- This workshop is for parents, school staff and therapists who work with children with motor challenges &/or neurodevelopmental issues that impact on their success as students.
- Dynamic Core 4 Kids approach supports children and their caregivers in examining the motor reasons why a child struggles to:
- Regulate, coordinate, visually track, stay in one place, sit in a chair and manage on the playground.
- From this 1-day course, a participant or school team learn about the dynamic core and its relationship to breathing, posture, emotional regulation, sensory processing and attention and then how to support learners to be successful.

Registration Link: <https://forms.office.com/r/gJkwaxCwx6>

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